

What is the difference between energy storage and power generation





Overview

What is an energy storage system?

An energy storage system (ESS) for electricity generation uses electricity (or some other energy source, such as solar-thermal energy) to charge an energy storage system or device, which is discharged to supply (generate) electricity when needed at desired levels and quality. ESSs provide a variety of services to support electric power grids.

How is electricity generation capacity measured in energy storage systems?

Electricity generation capacity in energy storage systems can be measured in two ways: Power capacity, or the maximum amount of electricity that is generated continuously, is measured in watts, such as kilowatts (kW), megawatts (MW) and gigawatts (GW).

How is energy stored?

Mechanical Energy Storage: Energy is stored through mechanical means, such as compressing air or using flywheels. Compressed Air Energy Storage (CAES) and flywheels are examples of this technology. **Hydrogen Storage:** Surplus electricity is used to produce hydrogen through electrolysis.

How does energy storage work?

The so-called battery “charges” when power is used to pump water from a lower reservoir to a higher reservoir. The energy storage system “discharges” power when water, pulled by gravity, is released back to the lower-elevation reservoir and passes through a turbine along the way.



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