

# Outdoor Power Retreat





## Overview

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What are outdoor retreats?

Outdoor Retreats offering outdoor activities, nature adventures, sports and fitness reboots. Retreat outdoors into nature for spiritual journeys, beach bootcamps, surfing, walking holidays, SUP, mountain hikes and many more green escapes. Stay in luxury glamping pods, beach resorts, eco retreats and mountain hideaways.

What's new at a spa retreat?

This retreat brings some exciting new twists including a refreshing new beverage menu complete with fine all-natural waters, wines and soft drinks – to help you take your relaxation to a whole new level. It also features a comfortable line of new massage and nail spa chairs – that are guaranteed to help you really chill out.

Where is Jinqiao retreat located?

Our ever popular Jinqiao retreat is located on Biyun Road adjacent to Dulwich College. Conveniently located for you to pop in for quick hour or two of relaxation or a beauty treatment. Dragonfly @ Biyun 10 min walk from line 9 exit 2. Tel. +86 021 5835 2118 Massage: 09:30-22:00 • Nails: 09:30-21:00 • Facials: 09:30-21:00 7 days a week



## Outdoor Power Retreat

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Outdoor Retreats and Adventures , The Retreat Company

Outdoor Retreats offering outdoor activities, nature adventures, sports and fitness reboots. Retreat outdoors into nature for spiritual journeys, beach bootcamps, surfing, walking holidays, ...

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Weekend Wellness Getaways Near Shanghai City

Jul 26, 2025 · Discover the best weekend wellness getaways near Shanghai City. Rejuvenate with serene retreats, spas, and nature escapes for ultimate relaxation and balance.

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The Healing Power of Nature: How Retreats Can Change ...

In a world more disconnected than ever, outdoor retreats remind us of our roots, inner wisdom, and connection to something greater. At OME Retreats, we invite you to experience the ...

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Where to retreat from Shanghai? - Serenity Ways

Here are the best wellness destinations within easy reach from Shanghai. Each of them offers unique experiences tailored to your needs, be it recharging your batteries, fitness, aesthetics, ...

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Luxury Resort in Shanghai, China

1 day ago · Shanghai, China Amanyangyun An all-season escape on Shanghai's vibrant fringe, Amanyangyun promises outdoor adventure, wellness exploration and cultural immersion in ...

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The Healing Power of Nature: How Retreats ...

In a world more disconnected than ever, outdoor retreats remind us of our roots, inner wisdom, and connection to something greater. At OME ...

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34 Breathtaking Garden Retreat Ideas to Sink Into After A Hard Day

Mar 13, 2025 · After a long, exhausting day, nothing feels better than escaping to a peaceful garden retreat. Whether it's a ...

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Top 10 Power Yoga Retreats for 2025/2026

Interested in a Power yoga retreat? Then, go ahead and read reviews, see photos from previous retreats, and select your spot today!

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Nature Retreats: Healing Mental Health in the ...

Feb 16, 2025 · Discover how nature retreats can boost mental health, reduce stress, and enhance well-being. Explore types, benefits, and tips for ...

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46+ Best Outdoor Retreats in United States , 2026 Prices

Book Top Outdoor Retreats in United States Discover Outdoor Retreats in United States Discover all Top United States Outdoor Retreats Personal Retreat Flexible Dates

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### Best Luxury Wellness Retreats in Shanghai, ...

Jul 26, 2025 · Discover the best luxury wellness retreats in Shanghai, China, for 2024. Find your urban oasis for rejuvenation, holistic healing, and ...

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### Yoga Challenge Outdoor Men Retreat , Amaratva Yoga

Yoga challenge outdoor men retreat is an invitation for men to awaken willpower, inner fire and connect with masculinity through daily Yogic practice, cold-water immersions, and mountain ...

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### Meaning of Spiritual Retreat: Discovering Inner Peace and ...

Nov 22, 2024 · Definition of Spiritual Retreat A spiritual retreat is a dedicated time and space for contemplation, reflection, and connection with your inner self or a higher power. Participants ...

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### Relax in a Shanghai Retreat

Biyun Retreat Kerry Parkside Retreat Taikoo li Qiantan Retreat IFC Retreat Shanghai Arch Plaza NewCentury Park, Pudong, Shanghai This retreat is conveniently located on the ground floor of the ever popular Kerry Parkside lifestyle shopping mall, across from Century Park and the SNIIEC exhibition grounds. Perfect for a visit together with family and friends. Dragonfly @ Kerry Parkside Shop L119, Kerry Parkside 1378 Huamu Road, Pudong District, Sh See more on dragonfly .cnserenityways Where to retreat from Shanghai? - Serenity Ways Here are the best wellness destinations within easy reach from Shanghai. Each of them offers unique experiences tailored to your needs, be it recharging your batteries, fitness, aesthetics, ...

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### 1588+ Best Outdoor Wellness Retreats in the World

Jan 17, 2025 · 5-Day All-Inclusive Oregon Psilocybin & Breathwork Retreat: 2x Licensed & Regulated ? Journeys January 8 - 12, 2025 Confluence Retreats Ashland, Oregon \$4,900 5.00 / ...

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### 429+ Best Outdoor Wellness Retreats in Mexico , 2026 Prices

Bali Outdoor Wellness (92) Goa Outdoor Wellness (28) Himachal Pradesh Outdoor Wellness (10) Kerala Outdoor Wellness (10) Tamil Nadu Outdoor Wellness (8) Karnataka Outdoor Wellness ...

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### THE 10 BEST Outdoor Retreats in Shanghai for 2025/2026

The Best Outdoor Retreats in Shanghai. Rejuvenate your mind, body, and soul with our broad selection of handpicked retreats.

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### 188+ Best Outdoor Retreats , 2026 Prices & Reviews

The mission of Nagomi Retreat is to create a transformative and nurturing space for individuals to reconnect with nature, rediscover their true essence, and embark on a journey of personal ...

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### Best Luxury Wellness Retreats in Shanghai, China

Jul 26, 2025 · Discover the best luxury wellness retreats in Shanghai, China, for 2024. Find your urban oasis for rejuvenation, holistic healing, and bespoke self-care experiences.

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### 5 Luxury Outdoor Wellness & Nature Retreats ...

Apr 5, 2022 · The retreat's 68 beach and ocean villas were built using biophilic design principles that integrate the textures and colors of nature ...

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The 30 Best Christian Women's Retreat Ideas ...

Jan 30, 2025 · Planning a Christian women's retreat for 2025 and feeling overwhelmed with where to start? You're not alone! Whether you're ...

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About Outdoor Retreat LLC , Premium Outdoor Furniture

At Outdoor Retreat LLC, we believe in the transformative power of the outdoors. By combining nature's beauty with luxurious design and solid construction, we bring people together for ...

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Relax in a Shanghai Retreat

3 days ago · 7 days a week IFC Retreat Lujiazui, Pudong, Shanghai Located in the heart of the Lujiazui financial district, this retreat is located in a luxurious lifestyle shopping mall with plenty ...

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## Contact Us

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For technical specifications, project proposals, or partnership inquiries, please visit:

<https://www.lopianowa.pl>

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